



**jigsaw**  
south east

2019 PROGRAMME

## Supporting Children through the loss of a loved one



### Workshop: Practical ways to help a grieving child:

This course follows on from the Introduction to working with bereaved children and young people course and is ideally completed shortly afterwards.

Children and young people can find it difficult to express and deal with the overwhelming range of feelings they experience following a bereavement. Sharing practical activities can enable you to build a rapport with them and give them creative ways to express themselves and gain access the emotional support they need. This workshop introduces a range of practical activities that can be carried out in school to help release the feelings associated with grief and loss.

#### This course aims to:-

- Explore different activities that can be useful with bereaved young people
- Allow you to experience these yourself to aid empathy and confidence
- Build confidence in dealing with the emotions that arise from them

#### Meet the trainers

Member(s) of our Grief Support Team will lead and facilitate this course. The team has extensive hands-on experience of using these techniques with children and their families in our bereavement groups and able to offer you advice and practical guidance and answer your questions.

**Email: [training@jigsawsoutheast.org.uk](mailto:training@jigsawsoutheast.org.uk)**

**Telephone: 01342 313895**

### Who should attend?

Anyone working with young people in social care, health and education including youth workers, clergy, emergency services, funeral directors and counsellors.

### 2019 Dates

Monday 25th February 2019  
Crawley

Wednesday 19th November 2019  
Send

### Cost

£85 per delegate per course  
Booking two half day courses together for £130

### Now Booking

Simply complete a booking form and send with payment to the address shown on the form.

To download a form visit:

[www.jigsawsoutheast.org.uk/training](http://www.jigsawsoutheast.org.uk/training)

Jigsaw (South East) is a registered charity supporting bereaved children and young people in and around Surrey



Registered Charity No. 1147696 Company No. 08014061



Patrons: Sir Edward Davey and Tony Tobin